



**3rd International Conference and Members' Meeting**  
***“Common risk and protective factors, and the prevention of multiple risk behaviours”***

**Krakow, Poland - December 6-7, 2012**

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## **Programme**

### **Day 1 - 6th December**

#### **8.30 - 9.30 Registration**

#### **9.30 - 9.45 Opening and salutations**

Prof Harry Sumnall (EUSPR Board President), and Krzysztof Brzozka - the Director of the State Agency for Prevention of Alcohol Related Problems

#### **9.45 - 11.15 Plenary Session 1**

- i) Resilience - Prof Marc Zimmerman, University of Michigan (USA)
- ii) Methods of quantifying change in multiple risk factor interventions - Prof Judith Prochaska, Stanford University (USA)

#### **11.15 - 12.30 Extended Coffee break**

This first morning coffee break is extended to allow delegates time, if they so wish, to view Krakow's famous Nativity Competition, which is being held near to the conference venue. Click [here](#) for more information.

#### **12.30 - 13.30 Parallel Sessions 1 - guided poster session**

Delegates are invited to [submit abstracts](#) relating to the overall conference theme. Specific streams will be allocated at a later date, but suitable topics include (but are not limited to) theories, intervention development, epidemiology, evaluation and outcomes, and methodological and analytical development.

Structured poster session. All poster presenters will be available to talk about their work as per a traditional poster session, but 3-4 will be selected in advance to talk to all delegates about their work in more detail.

#### **13.30 - 14.30 Lunch**

#### **14.30 - 16.00 Plenary Session 2**

- i) Impulsivity and other personality traits as shared vulnerability factor for multiple problem outcomes - Dr Patricia Conrod, Université de Montréal (Ca)
- ii) Common risk factors for diet, physical exercise, alcohol etc - Speaker TBC

#### **16.00 - 16.30 Coffee break**

#### **16.30 - 18.00 Parallel sessions 2 - Prevention across different outcome domains**

The scope of this session is to present interventions addressing multiple risk factors that have been empirically tested for effectiveness, focusing on their theoretical models and the evidence supporting the anticipated chain of their multiple effects (mediation analyses or similar).

- i) Stream 1 - Substance use
- ii) Stream 2 - Diet, exercise and social behaviours
- iii) Stream 3 - Externalising behaviour, violence, and aggression

**20.00 Social dinner, details to follow (please note that the conference fee does not include the dinner)**

### **Day 2 - 7th December**

**08.30 - 09.30 EUSPR Member's meeting**

**09.30 - 11.00 Parallel Sessions 3 - Experiences**

- i) Stream 1 - Evaluated interventions A
- ii) Stream 2 - Evaluated interventions B
- iii) Stream 3 - Society, community, and prevention

**11.00 - 11.30 Coffee break**

**11.30 - 13.00 Plenary Session 3 - Moderated debate - Evidence based prevention and health promotion: is there room for integration?** Featuring contributions from Prof. Czeslaw Czabala, Prof Geir Arild Espnes, Prof Rosaria Galanti and others.

**13.00 - 14.30 Lunch**

**14.30 - 15.15 Plenary Session 4**

- i) Evaluation of effectiveness of complex interventions - Prof Fabrizio Faggiano, Avogadro University (IT)

**15.15-16.00 Poster presentations - Winners of the poster competition will be invited to give a 5 minute presentation on their work, followed by a commentary and questions.**

16.00 - 16.30 Conference close - Prof Harry Sumnall (EUSPR) + Dr Zili Sloboda Director, Research & Development; JBS International, (USA)

